With coronavirus (COVID-19), the safety of our clients, patients and the Air Trek Team remains our top priority. We want to assure you that after each flight our aircraft are cleaned and sanitized for the safety, comfort and peace of mind of those flying with us. To date, we have not yet flown anyone that has tested positive for COVID-19.

## From the Florida Department of Health: What You Should Know

COVID-19 can spread from person to person, like the flu, through small droplets from the nose or mouth, including when an individual coughs or sneezes. People may contract COVID-19 by contaminating their hands with the virus and then touching their eyes, nose or mouth, among other ways.

Symptoms of COVID-19 are fever, cough and shortness of breath. Symptoms may appear in as few as two days or as many as 14 days following exposure. Most people recover from COVID-19 without needing special treatment. The elderly and those with underlying medical problems like high blood pressure, heart problems and diabetes, are more likely to develop serious illness.

There is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid being exposed to the virus. The Florida Department of Health recommends everyday preventive actions to help stop the spread of respiratory diseases, including:

- Avoiding close contact with people who are sick;
- Staying home when you are sick;
- Avoiding touching your eyes, nose and mouth with unwashed hands;
- Covering your cough or sneeze with a tissue, then disposing of the tissue;
- Washing your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose, coughing or sneezing;
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty, and;
- Cleaning and disinfecting frequently touched objects and surfaces using a regular household cleaning spray or wipe.

## Stay up to date:

For additional information and ongoing updates on COVID-19, please refer to local and state health departments and the <u>https://www.cdc.gov/coronavirus/2019-</u> <u>ncov/index.html</u>.